



Sri Lanka Schools Aquatic Sports Association

President

Mr. Thilak Waththuhewa

Principal,
Nalanda College,
Colombo 10.
071 8259993

Website : www.slsasa.lk

Hony Secretary

Mr.R.M.Krishan Duminda

Director (Sports)
Department of Education, Southern Province
Galle.
T.P. :- 091-2246631/ 071-4427120

Hony Treasurer

H.A. Rupika Damayanthi

President College
Kotte.
T.P.:-071-8113934

13th Annual Sri Lanka Schools All Island Age Group

Novices Aquatic championships - 2020

(Education Ministry Approved)

To : The Principals of the affiliated Schools,

VENUE	:	Sugathadasa Stadium Complex Pool		
TIME & DATE	:	Friday	06 th March,	8.00 a.m - Under 10, 20 Girls
		Saturday	07 th March,	8.00 a.m - Under 12, 18 Girls
		Sunday	08 th March,	8.00 a.m - Under 14, 16 Girls
		Friday	13 th March,	8.00 a.m - Under 10, 20 Boys
		Saturday	14 th March,	8.00 a.m - Under 12, 18 Boys
		Sunday	15 th March,	8.00 a.m - Under 14, 16 Boys

CLOSING ENTRIES :

* Entries should be sent to the **President , Sri Lanka School's Aquatic Sports Association, Nalanda College, Colombo 10**, by registered post, on or before **25th February 2020**.

* Entries must be accompanied by the following Cheques

1. Cheques made payable to the "**Sri Lanka schools Aquatic sports Association.**"
2. Banking of Money and attaching a copy of the Bank slip along with the entries.
 - a. Bank Name - People Bank
 - b. Branch - Thimbirigasyaya Branch
 - c. Account Name - Sri Lanka Schools Aquatic Sports Association
 - d. Account No. - **086-100122465098**

LATE ENTRIES WILL NOT BE ACCEPTED

ENTRY FEES : Rs. 200/- Per Individual event.

ANNUAL SUBSCRIPTION : Must be paid along with the entry fees

Government school	Rs. 2000/-
Non Government School & Semi Government School	Rs. 3000/-
International Schools	Rs. 5000/-

AGE GROUPS

Under 10- Born in 2011-2012	Under 16 - Born in	2005 - 2006
Under 12 - Born in 2009- 2010	Under 18 - Born in	2003 - 2004
Under 14 - Born in 2007 - 2008	Under 20 - Born in	2001 - 2002

PROOFING AGE : Please provide the ID Card of SLSASA. The identities which was issued by the SLSASA For 2016, 2017, 2018, 2019 & 2020 are valid to take part in the competition. If you don't such an identity card, it I compulsory to get a new ID issued by the SLSASA. Complete the application & send to Mrs.Rupika Damayanthi, President College, Kotte (Contact Number-0718 113 934) before 20th February along with the amount of Rs. 250/- for New Digital ID. The photo attached should be in Uniform.

AWARDS

* Top 3 places of All Age Groups (under 10, 12, 14, 16, 18 & 20) will be given Medals for their performance.

* Top 8 places of All Age Groups will be awarded certificates for each Individual Event.

Swimmers who make the top 8 positions for each event will qualify the All Island Age Group Novices Aquatic Championships.

List of Event

Event	Under 10 Girls & Boys	Under 12 Girls & Boys	Under 14 Girls & Boys	Under 16 Girls & Boys	Under 18 Girls & Boys	Under 20 Girls & Boys
50m Freestyle	X	X	X	X	X	X
50m Breaststroke	X	X	X	X	X	X
50m Backstroke	X	X	X	X	X	X
50m Butterflystroke	X	X	X	X	X	X
200m Individual Medley	X	X	X	X	X	X

All Events will be swum as **TIMED FINALS/One swimmer only 3 events**

N.B. Placing will be awarded to swimmers based on the timings record by them in the respective heats

Awarding Trophies - Final Event

01	Under 10 Girls Individual Champion	07	Under 10 Boys Individual Champion
02	Under 12 Girls Individual Champion	08	Under 12 Boys Individual Champion
03	Under 14 Girls Individual Champion	09	Under 14 Boys Individual Champion
04	Under 16 Girls Individual Champion	10	Under 16 Boys Individual Champion
05	Under 18 Girls Individual Champion	11	Under 18 Boys Individual Champion
06	Under 20 Girls Individual Champion	12	Under 20 Boys Individual Champion
13	Girls Overall Team Championship	14	Boys Overall Team Championship

	1 st Place	2 nd Place	3 rd Place	4 th Place	5 th Place	6 th Place	7 th Place	8 th Place
Individual Events Points	10	08	06	05	04	03	02	01

Protests : No protests will be entertained unless lodge by an officially appointed teacher - in - charge of the school. A deposit of Rs. 1500/- should accompany the protest. This deposit will be refunded, only if the protest is upheld. All protests should be made to the referee of the meet, through the Secretary.

Rules of the Meet

- * The meet will be conducted under the SLASU and the rules of the SLSASA.
- * The **ONE START** rule will apply. There will be only one start to a race any swimmer who violates this rule will be disqualified.
- * Please send the attached entry form. Entries should be sent separately for girls & boys
- * Enter the best timings for the relevant events. Action will be taken against false entry times.
- * The Date of birth of each athlete is compulsory.
- * Correct age group per competitor.
- * All entries must be duly signed by the principal and school seal on all entry forms.
- * Entries exceeding the number specified above will be rejected.

Entry Criteria

The Swimmers who obtained first, second and third places in the main swimming competitions organized by SLASU and The top 8 positions at Any meet organized by SLSASA can not participate in this competition.

- * It is the responsibility of the participating school to ensure that all swimmers meet the above entry criteria. In the events of a participating found to be in violation of the above criteria.
- * The swimmer will be disqualified from all events in the competition and will be banned from the participating at any of the SLSASA aquatic events for a period of one year.
- * The respective school will not be considered for overall points standing in the championships and in future SLSASA aquatic events for a period of one year.



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To : The Principals of the Affiliated Schools

Competition Schedule

07th March 2020 - Under 10, 12 & 14 - 1m Spring Board
08th March 2020 - Under 16, 16 & 20 - 1m Spring Board

Entries : Three competitors per event, per age group. Entries should be submitted on a separate sheet of paper, along with the date of birth certified by the principal. Rs.500/= per event should be paid as entry fees.

Proofing Age :

Please provide the ID card of SLSASA, the identities which was by the SLSASA for 2016, 2017, 2018, 2019 & 2020 are valid to take part in the competitions. If you don't such an identity card, it is compulsory to get a new ID issued by SLSASA. Complete the application and send to Mrs. Rupika Damayanthi, President College, Kotte (Contact Number-0718 113 934) before the 25th February along with the amount of Rs. 250/= for a New Digital ID. The photo attached should be in school uniform.

Entries close : Should be handed to the Secretary on the 07th March 2020 by 8.00am

Point Systems : Points will be awarded for First Three Places as follows.

AWARDING CERTIFICATES :

* Medals will be awarded for first, second and third places, Certificates will be awarded for the first eight places. (For under 10, 12, 14, 16, 18 & 20)

First	Second	Third
10	07	05

Dives List : The table below indicates the number of dives to be performed as well as event available in each age group.

Age Group	1m spring Board	3m spring Board
Under 10 Girls & Boys	5	5
Under 12 Girls & Boys	5	5
Under 14 Girls & Boys	5	5
Under 16 Girls & Boys	5	5
Under 18 Girls & Boys	5	5
Under 20 Girls & Boys	5	5

Order of Events

Day 1 - Friday 06th March 2020		
<i>From 8.00am- onwards - GIRLS Under 10,20</i>		
1	50m Freestyle	- Under 10
2	50m Freestyle	- Under 20
3	50m Breast Stroke	- Under 10
4	50m Breast Stroke	- Under 20
5	50m Back Stroke	- Under 10
6	50m Back Stroke	- Under 20
7	50m Butterfly	- Under 10
8	50m Butterfly	- Under 20
9	200m IM	- Under 10
10	200m IM	- Under 20

Day 2 - Saturday 07th March 2020		
<i>From 8.00am- onwards - GIRLS Under 12,18</i>		
1	50m Freestyle	- Under 12
2	50m Freestyle	- Under 18
3	50m Breast Stroke	- Under 12
4	50m Breast Stroke	- Under 18
5	50m Back Stroke	- Under 12
6	50m Back Stroke	- Under 18
7	50m Butterfly	- Under 12
8	50m Butterfly	- Under 18
9	200m IM	- Under 12
10	200m IM	- Under 18

Day 3 - Sunday 08th March 2020		
<i>From 8.00am- onwards - GIRLS Under 14,16</i>		
1	50m Freestyle	- Under 14
2	50m Freestyle	- Under 16
3	50m Breast Stroke	- Under 14
4	50m Breast Stroke	- Under 16
5	50m Back Stroke	- Under 14
6	50m Back Stroke	- Under 16
7	50m Butterfly	- Under 14
8	50m Butterfly	- Under 16
9	200m IM	- Under 14
10	200m IM	- Under 16

Day 4 - Friday 13th March 2020		
<i>From 8.00am- onwards - BOYS Under 10,20</i>		
1	50m Freestyle	- Under 10
2	50m Freestyle	- Under 20
3	50m Breast Stroke	- Under 10
4	50m Breast Stroke	- Under 20
5	50m Back Stroke	- Under 10
6	50m Back Stroke	- Under 20
7	50m Butterfly	- Under 10
8	50m Butterfly	- Under 20
9	200m IM	- Under 10
10	200m IM	- Under 20

Day 5 - Saturday 14th March 2020		
<i>From 8.00am- onwards - BOYS Under 12,18</i>		
1	50m Freestyle	- Under 12
2	50m Freestyle	- Under 18
3	50m Breast Stroke	- Under 12
4	50m Breast Stroke	- Under 18
5	50m Back Stroke	- Under 12
6	50m Back Stroke	- Under 18
7	50m Butterfly	- Under 12
8	50m Butterfly	- Under 18
9	200m IM	- Under 12
10	200m IM	- Under 18

Day 6 - Sunday 15th March 2020		
<i>From 8.00am- onwards - GIRLS Under 14,16</i>		
1	50m Freestyle	- Under 14
2	50m Freestyle	- Under 16
3	50m Breast Stroke	- Under 14
4	50m Breast Stroke	- Under 16
5	50m Back Stroke	- Under 14
6	50m Back Stroke	- Under 16
7	50m Butterfly	- Under 14
8	50m Butterfly	- Under 16
9	200m IM	- Under 14
10	200m IM	- Under 16



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School Name :

Age Group	No. of Events	Amount
Under 10 Boys / Girls	X 200/=	
Under 12 Boys / Girls	X 200/=	
Under 14 Boys / Girls	X 200/=	
Under 16 Boys / Girls	X 200/=	
Under 18 Boys / Girls	X 200/=	
Under 20 Boys / Girls	X 200/=	
Annual Subscription		
ID Fee	X 250/=	
Diving	X 500/=	
	Total	

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Principal

"SLSASA" All Island Age Group Novices Swimming Championships - 2020 Entry Form

NAME OF SCHOOL	
ADDRESS	
Telephone Numbers	Office
Principal Name	
MIC Name	Captain Name
Tel No.	Tel No.

GIRLS	BOYS	UNDER	10	12	14	16	18	20
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(one swimmer only 3 events)

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 Entries should be sent separately fo Girls & Boys

Competitors Name	ID No.	Date of Birth	50m	50m	50m	50m	200m
			Freestyle	Breaststroke	Butterfly	Backstroke	Individual Medley
01							
02							
03							
04							
05							
06							
07							
08							
09							
10							

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Principal

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Mic. Swimming